

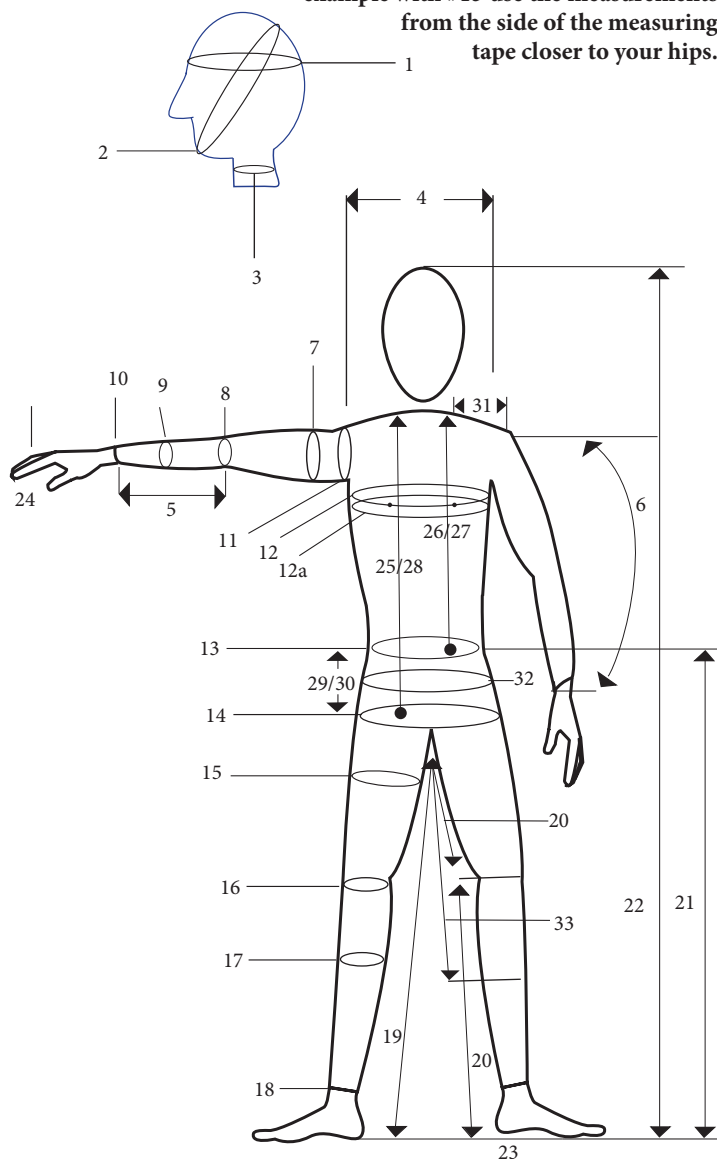
1. Head Circumference cm \_\_\_\_\_
2. Diagonal Circumference from Chin cm \_\_\_\_\_
3. Neck cm \_\_\_\_\_
4. Shoulder Width  
(from armpit to armpit) cm \_\_\_\_\_
5. Elbow to Wrist cm \_\_\_\_\_
6. Armlength  
(Shoulder to Wrist) cm \_\_\_\_\_
7. Upperarm Circumference  
(not flexed) cm \_\_\_\_\_
8. Elbow Circumference cm \_\_\_\_\_
9. Forearm Circumference cm \_\_\_\_\_
10. Wrist cm \_\_\_\_\_
11. Armhole cm \_\_\_\_\_
12. Chest  
(measure across nipples) cm \_\_\_\_\_
- 12a. Underbust Circumference for Women cm \_\_\_\_\_
13. Waist cm \_\_\_\_\_
14. Hips Circumference cm \_\_\_\_\_
15. Thigh Circumference  
(weight on both legs evenly distributed) cm \_\_\_\_\_
16. Knee Circumference cm \_\_\_\_\_
17. Calf Circumference cm \_\_\_\_\_
18. Knee Circumference cm \_\_\_\_\_
19. Inseam  
(measure to the floor) cm \_\_\_\_\_
20. Knee-Length  
(measure from crotch to knee) cm \_\_\_\_\_
21. Waist to the Floor cm \_\_\_\_\_
22. Height cm \_\_\_\_\_
23. Shoe size \_\_\_\_\_
24. Glove Size ☐ XS ☐ S ☐ M ☐ L ☐ XL
25. Front Length  
(Measure from the collarbone to the crotch) cm \_\_\_\_\_
26. Front Length to Waist  
(Measure from the collarbone neck to the waist) cm \_\_\_\_\_
27. Back Length to Waist  
(Measure from base of neck to waist) cm \_\_\_\_\_
28. Back Length  
(Measure from base of neck to base of the buttocks) cm \_\_\_\_\_
29. Length from Waist to Hips/ Front cm \_\_\_\_\_
30. Length from Waist to Hips/ Back cm \_\_\_\_\_
31. Neck to Shoulder  
(Measure from neck to shoulder crest) cm \_\_\_\_\_
32. Waistband cm \_\_\_\_\_  
(Measure where the waistband of low sitting underwear would be)
33. Crotch to Calf cm \_\_\_\_\_



# RUB ADDICTION

## Measurements

To take your measurements use a 2cm wide measuring tape. Use the measurements on the underside of the tape to record your measurements — for example with #13 use the measurements from the side of the measuring tape closer to your hips.



Full Name

Address

Postalcode and City

Telephone Number

E-Mail